

# CEDARS



## PRESCHOOL

### 2023-2024 CALENDAR

Week	Dates	Week	Dates
1	Jul 3-7	3	Jan 2-6
2	Jul 10-14	4	Jan 9-13
3	Jul 17-21	1	Jan 16-20
4	Jul 24-28	2	Jan 23-27
1	Jul 31-Aug 4	3	Jan 30-Feb 3
2	Aug 7-11	4	Feb 6-10
3	Aug 14-18	1	Feb 13-17
4	Aug 21-25	2	Feb 20-24
1	Aug 28-Sep 1	3	Feb 27-Mar 3
2	Sep 4-8	4	Mar 6-10
3	Sep 11-15	1	Mar 13-17
4	Sep 18-22	2	Mar 20-24
1	Sep 25-29	3	Mar 27-31
2	Oct 2-6	4	Apr 3-7
3	Oct 9-13	1	Apr 10-14
4	Oct 16-20	2	Apr 17-21
1	Oct 23-27	3	Apr 24-28
2	Oct 30-Nov 3	4	May 1-5
3	Nov 6-10	1	May 8-12
4	Nov 13-17	2	May 15-19
1	Nov 20-24	3	May 22-26
2	Nov 27-Dec 1	4	May 29-Jun 2
3	Dec 4-8	1	Jun 5-9
4	Dec 11-15	2	Jun 12-16
1	Dec 18-22	3	Jun 19-23
2	Dec 25-29	4	Jun 26-30

Milk Served with Breakfast & Lunch.  
 All Milk Served Is Unflavored  
 1 Year Olds = Whole Milk  
 2 Year Olds-School Age = 1% Milk  
 \*Denotes Whole Grain is Served.

Week

1

2

3

4

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

#### BREAKFAST

Cinnamon Toast\*  
Applesauce

#### AM SNACK

Animal Crackers\*  
Pears

#### LUNCH

Chicken Sandwich\*  
Green Beans  
Mango

#### PM SNACK

Goldfish  
Oranges

#### DINNER

Beef Goulash\*  
Mixed Vegetables  
Banana

#### BREAKFAST

Blueberry Muffin\*  
Mandarins

#### AM SNACK

Sweet Potato Crackers\*  
100% Grape Juice

#### LUNCH

Mac & Cheese\*  
Green Peas  
Banana

#### PM SNACK

Wheat Pita\*  
Sliced Turkey

#### DINNER

Orange Chicken & Rice\*  
Green Beans  
Applesauce

#### BREAKFAST

Yogurt  
Strawberries

#### AM SNACK

Cheese Crackers  
Banana

#### LUNCH

Turkey & Cheese Roll Up\*  
Broccoli  
Peaches

#### PM SNACK

Ritz Crackers  
Apples

#### DINNER

Chicken & Waffles\*  
Lima Beans  
Oranges

#### BREAKFAST

Cheer Cereal\*  
Banana

#### AM SNACK

Graham Crackers  
Cinnamon Apples

#### LUNCH

Meatloaf  
Sliced Bread\*  
Mashed Potatoes  
Pears

#### PM SNACK

Pretzels\*  
Cheese

#### DINNER

Chicken Parmesan\*  
Peas  
Peaches

#### BREAKFAST

Waffles\*  
Mixed Fruit

#### AM SNACK

Cottage Cheese  
Mixed Berries

#### LUNCH

Korean Meatballs  
Brown Rice\*  
Carrots  
Pineapple

#### PM SNACK

Snack Mix  
100% Apple Juice

#### DINNER

Hot Turkey Melt\*  
Baked Beans  
Sweet Potato Fries

#### BREAKFAST

Raisin Bread w/ Butter  
Fruit Cocktail

#### AM SNACK

Goldfish  
100% Apple Juice

#### LUNCH

Fish Sticks\*  
Mashed Sweet Potatoes  
Applesauce

#### PM SNACK

Veggie Crackers\*  
Cheese

#### DINNER

Meatball Subs\*  
Tater Tots  
Carrots

#### BREAKFAST

Bagel\*  
Banana

#### AM SNACK

Wheat Crackers\*  
Tropical Fruit

#### LUNCH

Taco Salad  
Yellow Rice\*  
Corn  
Black Beans

#### PM SNACK

Yogurt  
Apples

#### DINNER

Sloppy Joes\*  
Black Eye Peas  
Oranges

#### BREAKFAST

Buttered Biscuit\*  
Pears

#### AM SNACK

Cracker Mix  
Apples

#### LUNCH

Chicken Alfredo\*  
Mixed Vegetable  
Peaches

#### PM SNACK

Muffin\*  
100% Grape Juice

#### DINNER

Fish Tacos\*  
Cole Slaw  
Mixed Fruit

#### BREAKFAST

Cheerio Cereal\*  
Cinnamon Apples

#### AM SNACK

Saltine Crackers  
Pears

#### LUNCH

Shepherd Pie\*  
Mashed Potatoes  
Banana

#### PM SNACK

Graham Crackers  
Oranges

#### DINNER

Chicken & Rice\*  
Mixed Vegetables  
Tropical Fruit

#### BREAKFAST

Pancakes\*  
Applesauce

#### AM SNACK

Hummus  
Pita Chips\*

#### LUNCH

Pizza\*  
Salad  
Mandarins

#### PM SNACK

Ritz Crackers  
Cheese

#### DINNER

Bean & Cheese Burrito\*  
Corn  
Salad

#### BREAKFAST

Cinnamon Toast\*  
Applesauce

#### AM SNACK

Animal Crackers\*  
Pears

#### LUNCH

Hamburger\*  
Green Beans  
Mango

#### PM SNACK

Goldfish  
Oranges

#### DINNER

Tangy Chicken & Rice\*  
Mixed Vegetables  
Banana

#### BREAKFAST

Blueberry Muffin\*  
Mandarins

#### AM SNACK

Sweet Potato Crackers\*  
100% Grape Juice

#### LUNCH

Grilled Cheese\*  
Green Peas  
Banana

#### PM SNACK

Wheat Pita\*  
Sliced Turkey

#### DINNER

Beef Stroganoff Bake\*  
Green Beans  
Applesauce

#### BREAKFAST

Yogurt  
Strawberries

#### AM SNACK

Cheese Crackers  
Banana

#### LUNCH

Ham & Cheese Roll Up\*  
Broccoli  
Peaches

#### PM SNACK

Ritz Crackers  
Apples

#### DINNER

BBQ Chicken Quesadilla\*  
Lima Beans  
Oranges

#### BREAKFAST

Cheer Cereal\*  
Banana

#### AM SNACK

Graham Crackers  
Cinnamon Apples

#### LUNCH

Turkey Pot Roast  
Sliced Bread\*  
Mashed Potatoes  
Pears

#### PM SNACK

Pretzels\*  
Cheese

#### DINNER

Ham & Cheese Slider\*  
Baked Beans  
Peas

#### BREAKFAST

Waffles\*  
Mixed Fruit

#### AM SNACK

Cottage Cheese  
Mixed Berries

#### LUNCH

Teriyaki Chicken  
Brown Rice\*  
Carrots  
Pineapple

#### PM SNACK

Snack Mix  
100% Apple Juice

#### DINNER

Garlic Bread Griller\*  
Sweet Potato Fries  
Peaches

#### BREAKFAST

Raisin Bread w/ Butter  
Fruit Cocktail

#### AM SNACK

Goldfish  
100% Apple Juice

#### LUNCH

BBQ Chicken Sandwich\*  
Mashed Sweet Potatoes  
Applesauce

#### PM SNACK

Veggie Crackers\*  
Cheese

#### DINNER

Sweet & Sour Chicken  
Carrots  
Mixed Fruit

#### BREAKFAST

Bagel\*  
Banana

#### AM SNACK

Wheat Crackers  
Tropical Fruit

#### LUNCH

Cheese Quesadilla\*  
Yellow Rice\*  
Corn  
Black Beans

#### PM SNACK

Yogurt  
Apples

#### DINNER

Chili w/ Corn Bread\*  
Mixed Vegetables  
Kidney Beans

#### BREAKFAST

Buttered Biscuit\*  
Pears

#### AM SNACK

Cracker Mix  
Apples

#### LUNCH

Meat Spaghetti\*  
Mixed Vegetable  
Peaches

#### PM SNACK

Muffin\*  
100% Grape Juice

#### DINNER

Chicken Pot Pie\*  
Corn  
Mixed Fruit

#### BREAKFAST

Cheerio Cereal\*  
Cinnamon Apples

#### AM SNACK

Saltine Crackers  
Pears

#### LUNCH

Salisbury Steak\*  
Mashed Potatoes  
Banana

#### PM SNACK

Graham Crackers  
Oranges

#### DINNER

Chicken Salad Wrap\*  
Cole Slaw  
Tater Tots

#### BREAKFAST

Pancakes\*  
Applesauce

#### AM SNACK

Hummus  
Pita Chips

#### LUNCH

Chicken Nuggets\*  
Salad  
Mandarins

#### PM SNACK

Ritz Crackers  
Cheese

#### DINNER

Beef Teriyaki & Noodles\*  
Salad  
Mixed Vegetable